VitQlize™ is a blend of herbs, vitamins and minerals designed with a woman's needs in mind. It's high in iron, which contributes to the normal cognitive function, and it's also high in essential folic acid. As well as calcium, vitamin D and B12, Vitolize for women also contains vitamin B6, which contributes to the regulation of hormonal activity.

Use instruction: Take 2 tablets twice daily. Store closed tightly in a cool dry place. Do not use if seal is broken or missing.

Keep out of reach of young children. Do not exceed the stated recommended daily dose. Food supplements should not be used as a substitute for a varied and balance diet and a healthy lifestyle.

Best before end: see bottom of container.

Forever Direct EU, 4751 XJ Oud Gastel, NL



Forever Living Products UK Ltd., Longbridge Manor, Warwick, CV34 6RB, UK

foreverliving.com Made in USA

LFDAK375L M02v1

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Botanical, Vitamin and Mineral Supplement

Food Supplement

		4
120		
Tablets	FOREVER	₹®

FOREVER®

Nutritional Values		
Recommended daily dose: 4 tablets	Quantity	RI*
Vitamin D	<u>10 μg</u>	200%
<u>Vitamin E (α-TE)</u>	20 mg	<u> 167%</u>
Vitamin C	80 mg	100%
Vitamin B6	1.4 mg	<u>100%</u>
Folic acid	<u>200</u> μg	100%
Vitamin B12	<u>2.4 μg</u>	<u>96%</u>
Calcium	120 mg	15%
Iron	5 mg	36%
Magnesium	60 mg	16%
* RI = Reference Intake		Z:

For ingredients: see inside of label.

Ingredients: Stabiliser (microcrystalline cellulose), cranberry (Vaccinium macrocarpon) powder, magnesium [magnesium bisglycinate, magnesium carbonate, acidity regulator (citric acid)], calcium (calcium carbonate), stabiliser (hydroxypropyl methylcellulose, croscarmellose sodium), vitamin C (ascorbic acid), anti-caking agent (stearic acid), vitamin E (d-alpha tocopheryl acetate), coating material [thickener (sodium carboxymethylcellulose), dextrin, dextrose, medium chain triglycerides, acidity regulator (trisodium citrate)], anti-caking agent (silicon dioxide), apple (*Malus domestica*) fruit powder [apple fruit powder, maltodextrin, cane sugar, corn starch, emulsifier (lecithin)], passionflower (Passiflora incarnata) herb powder, Schisandra chinensis fruit powder, iron (ferrous bisglycinate), anti-caking agent (magnesium stearate), vitamin D [corn starch, sucrose, anti-oxidant (sodium ascorbate, dl-alpha tocopherol), coconut oil, cholecalciferol, vitamin B6 (pyridoxine hydrochloride), vitamin B12 [acidity regulator (dicalcium phosphate), cyanocobalamin], folic acid (pteroylmonoglutamic acid).